

Joan Beeferman (patient and retired nurse in NE North Carolina)



Joan Beeferman, 71, knew she had Afib the moment the arrhythmia started. As a nurse, she was very familiar with the irregularities her patients sometimes experienced. Joan's Afib started in 2007 when she began to experience a variety of symptoms, including shortness of breath and weakness one hot summer day. Her condition worsened in 2012 when it began happening more and more frequently. Worried and uncomfortable, she decided to undergo treatment at Sentara Heart Hospital. Since this procedure several months ago, Joan's atrial fibrillation has not returned.